

# INFOOD RETAIL MENU

AVAILABLE IN STORE AND  
FOR DELIVERY

<b>BREAD ITEMS</b>		<b>INFOOD FROZEN MEALS</b>	
Ciabatta	26	GRASS FED BEEF LASAGNE SMALL	75
Pecan bread	45	GRASS FED BEEF LASAGNE MED	145
Cheese stick	16	VEGETABLE LASAGNE SMALL	75
Wholewheat	22	VEGETABLE LASAGNE MED	130
100% Rye bread	48	BOBOTIE BEEF MED	145
50 % Rye	40	BOBOTIE BEEF SMALL	75
Banting Bread	70	VENISON PIE SMALL	75
Croissant plain	14	VENISON PIE MED	150
Ham and cheese	26	COTTAGE BEEF PIE SMALL	75
Cinnamon danish	15	COTTAGE BEEF PIE MED	145
Quiche individual 10cm	28	VEG COTTAGE PIE SMALL	75
<b>BISCUITS / RUSKS</b>		VEG COTTAGE PIE MED	130
Infood Bran Rusks	59	VEG CANNALONI SMALL	75
Infood Buttermilk Rusks	59	VEG CANNALONI MED	130
Crunchies	42	<b>CURRY FROZEN MEALS</b>	
choc chip cookies	42	CHICKEN CURRY (NO RICE) 500G	85
Ginger biscuits	42	LAMB CURRY (NO RICE) 500G	95
<b>CONFECTIONARY</b>		BEEF CURRY (NO RICE) 500G	95
CHOC BROWNIE	28	VEG THAI CURRY (no rice ) 500G	69
FLORENTINE	28	<b>SOUPS</b>	
BAKLAVA	15	CHICKEN & CORN 500ML	69
PECAN NUT TART	28	BUTTERNUT SOUP 500ML	59
PASTIS DE NATA (CUSTARD TART)	15	VEGETABLE MINISTONE 500ML	59
CARROT CAKE	30	BEEF AND BARLEY SOUP 500ML	69
ROCKY ROAD	30	TOMATO SOUP 500ML	59
APPLE STRUDLE	16	<b>CHEF FROZEN RANGE</b>	
CHOC KAHLUA CAKE SLICE	30	PERI PERI LIVERS	69
<b>BAKED (READY-MADE) ITEMS</b>		OXTAIL	200/KG
SPANIKOPITA	28	LAMB SHANK	180/KG
QUICHE (MEAT/VEG) WHOLE	165	JALAPENO POPPERS	79
QUICHE IND 10CM (meat/veg)	28	CHICKEN STROGANOFF	75
<b>R50 DELIVERY FEE IN AND AROUND JEFFREYS BAY</b> <i>ORDERS MUST BE PLACED A DAY BEFORE WITH PROOF OF PAYMENT</i> EMAIL: info@infood.co.za JD DAVIES - 0723206589 FNB JEFFREYS BAY (210515) ACCOUNT NR: 62379621892		PORK RIBS PARCOOKED	260/KG
		PORK BELLY PARCOOKED	200/KG
		SMOKED SALMON 80G PCT	55
		LIVER PATE 250G	49
		MEXICAN MINCE SAMOOSAS X 2 PCT	48
		CROISSANT LINDT CHOC BAKED PUD	65
		PECAN BREAD AND BUTTER PUD	65